



Wellbeing Erewash
Your Life Your Way



Wellbeing Erewash Participation Event

Come and find out more about Wellbeing Erewash

Wellbeing Erewash is a new approach
to improving health and wellbeing.

It involves the people of Erewash,
the local NHS, Social Care and the Voluntary Sector.

Come along to our participation event to find out more about work and how you
could get involved.

Tuesday 22nd May 9.30am - 11.30am

Arena Church, 1 Rutland Street, Ilkeston, DE7 8DG

Please contact us to book on: 0115 9466740 or

email: lee@erewashcvs.org.uk



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Wellbeing Erewash – making a difference

Wellbeing Erewash is one of a number of places around the country
- known as NHS England 'vanguards' - looking at new ways of
improving people's health and wellbeing. It involves the people of
Erewash, the local NHS, social care and the voluntary sector.

The aim is to encourage thriving communities within Erewash, where people
feel confident and supported to choose a healthier lifestyle, stay well, and
know how to get help and support when needed.